once weekly
zepbound®
(tirzepatide) injection 0.5 mL
2.5 mg | 5 mg | 7.5 mg | 10 mg | 12.5 mg | 15 mg

https://zepbound.lilly.com/

INDIKASYON

Ang Zepbound® (ZEHP-bownd) ay isang iiinject na gamot na nirereseta at maaaring makatulong sa mga matatandang may:

- Obesity (Labis na katabaan), o ilang matandang may overweight (sobrang timbang) na may kasamang mga problemang medikal na may kaugnayan sa timbang, upang mabawasan ang sobrang timbang at mapanatili ang pag baba ng timbang.
- Katamtaman hanggang malubhang obstructive sleep apnea (OSA) at obesity upang mapabuti ang kanilang OSA. Dapat gamitin ang Zepbound kasabay ng pagbaba ng calorie intake at pag taas ng pisikal na aktibidad. Naglalaman ang Zepbound ng tirzepatide at hindi dapat gamitin kasabay ng iba pang gamot na may tirzepatide o anumang GLP-1 receptor agonist. Hindi pa tiyak kung ligtas at epektibo ito para sa mga bata.

Paano Gamitin

- Basahin ang ang instructions for Use na kasama ng Zepbound.
- Gamitin ang Zepbound eksaktong ayon sa tagubilin ng inyong doktor.
- Gamitin ito kasabay ng dyetang mababa sa calorie at mas pinataas na ehersisyo o pisikal na aktibidad.
- I-inject ang Zepbound sa ilalim ng balat (subcutaneously) ng tiyan, hita, o itaas na bahagi ng braso.
- Gamitin ang Zepbound isang beses kada linggo, anumang oras ng araw.
- Palitan ang araw ng iniksyon kada linggo. huwag gamitin ang parehong lugar ng iniksyon bawat linggo.
- Kung sobra na ang na-inject mong Zepbound, agad na kumontak sa iyong doktor, humingi ng medikal na payo, o tawagan sa Poison Center sa 1-800-222-1222.

Dosis ng Zepbound

Available ang Zepbound injection sa mga dosage na 2.5 mg, 5 mg, 7.5 mg, 10 mg, 12.5 mg o 15 mg bawat 0.5 mL, sa single-dose pen o single-dose vial.

Presyo

Kung wala kang commercial insurance, maaari mong asahan na magbayad malapit sa list price, dagdag pa ang posibleng singil ng doktor depende kung saan mo nabili ang gamot. Hindi saklaw ng medical insurance sa Japan ang Zepbound maliban na lang kung ang iyong BMI ay higit sa 35 (hal. 160 cm/90; BMI = taas (cm) / timbang (kg)^2).

- 2.5 mg/0.5mL = $349
- 5.0 mg/0.5mL = $499
- 7.5 mg/0.5mL = $599
- 10.0 mg/0.5mL = $699

Para sa 4-count na pakete ng single-dose vial, sa direktang presyo para sa pasyente.
(http://pricinginfo.lilly.com/zepbound)
Sa Japan, ang presyo ng Zepbound ay 7,000-yen (2.5mg) hanggang 20,000-yen (10mg) bawat linggo, depende sa klinika.

Alamin pa
Ang Zepbound ay isang gamot na may reseta. Para sa karagdagang impormasyon, tumawag sa 1-800 LillyRX (1-800-545-5979). Ang buod na ito ay nagbibigay ng pangkalahatang impormasyon tungkol sa Zepbound ngunit hindi nito sinasaklaw ang lahat ng impormasyong alam tungkol sa gamot na ito. Basahin ang mga impormasyon kasama sa iyong reseta bawat pagkuha mo ng gamot. Hindi nito pinapalitan ang pag uusap sa iyong doktor o healthcare provider. Siguraduhing kausapin mo ang iyong healthcare provider tungkol sa Zepbound at kung paano ito gamitin. Ang iyong healthcare provider ang pinakamainam na taong makakatulong sa'yo upang malaman kung ang Zepbound ay angkop para sa iyo.

ZP CON BS 20DEC2024
Ang Zepbound® at ang delivery device nito ay mga rehistradong trademark na pagmamay-ari o lisensyado ng Eli Lilly and Company, ng mga subsidiary nito, o kaanib na kumpanya.

Talakayin sa iyong healthcare provider ang mga sumusunod na tanong:

- Mayroon ka bang iba pang kondisyong medical, tulad ng problema sa lapay (pancreas) o bato (kidney), o matinding problema sa tiyan gaya ng mabagal na paggalaw ng tiyan (gastroparesis) o problema sa pagtunaw ng pagkain?
- Umiinom ka ba ng mga gamot sa diabetes, tulad ng insulin o sulfonylureas?
- May kasaysayan ka ba ng diabetic retinopathy (diabetic eye desease)?
- Naka-schedule ka ba para sa operasyon o ibang procedure na gumagamit ng anesthesia o matinding pagkalango sa tulog (deep sedation)?
- Umiinom ka ba ng iba pang gamot na may reseta, gamot na nabibili kahit walang reseta, bitamina, o herbal supplements?
- Ikaw ba ay buntis. Nagnanais mabuntis, nag papasuso, o nag nanais magpasuso?
- Maaaring makasama ang Zepbound sa iyong sanggol sa sinapupunan. Sabihin agad sa iyong healthcare provider kung nabuntis ka habang gumagamit ng Zepbound. Hindi pa tiyak kung ang Zepbound ay naipapasa sa gatas ng ina. Kausapin ang inyong healthcare provider tungkol sa pinakamainam na paraan ng pagpapakain sa iyong sanggol habang gumagamit ng Zepbound.
  Rehistro para sa mga buntis na gumagamit ng Zepbound: Mag kakaroon ng pregnancy exposure registry
  para sa mga babaeng gumagamit ng Zepbound habang buntis. Layunin ng registry na ito na mangalap ng
  impormasyon tungkol sa kalusugan mo at ng iyong sanggol. Kausapin ang iyong healthcare provider
  kung paano ka makakasali, o tumawag sa Lilly sa 1-800-LillyRx (1-800-545-5979).

Buod ng kaligtasan na may babala
Karaniwang side effect
Ang mga karaniwang side effect ng Zepbound ay kinabibilangan ng:

- Pagduduwal (nausea)
- Pagtatae (diarrhea)
- Pagsusuka (vomiting)
- Pagtitibi (constipation)
- Pananakit ng tiyan (abdominal pain)
- Hindi natutunawan (indigestion)
- Reaksyon sa lugar ng iniksyon
- Pakiramdam ng pagkapagod
- Mga reaksiyon alerhiya
- Pag-utom o pagbubuga (belching)
- Pagkalagas ng buhok
- Hearthburn

Hindi ito ang lahat ng posibleng side effect ng Zepbound. Kausapin ang iyong doktor kung mayroon kang side effect na nakakainis o hindi nawawala.
Maaaring mag dulot ang Zepbound ng mga seryosong side effect, kabilang ang mga sumusunod:
Matinding problema sa tiyan. Ang mga problema sa tiyan, minsan ay malala, ay naiulat sa mga taong gumagamit ng Zepbound. Sabihin sa iyong healthcare provider kung nakakaranas ka ng matinding sakit sa tiyan o kung hindi ito nawawala.
Problema sa Bato (Kidney Failure). Maaaring mag dulot ng pagtatae, pagduduwal, at pagsusuka and Zepbound, na maaaring magresulta sa pagkawala ng likido sa katawan (dehydration). Ang dehydration ay maaaring humantong sa problema sa bato. Mahalagang uminom ng sapat na tubig upang mabawasan ang panganib ng dehydration.
Problema sa Apdo (Gallbladder). Ang ilang gumagamit ng Zepbound ay nakakaranas ng problemas gallbladder. Sabihin agad sa iyong healthcare provider kung nakakaranas ka ng mga sintomas nito tulad ng:

- Pananakit sa itaas na bahagi ng tiyan
- Lagnat
- Paninilaw ng balat o mata (jaundice)
- Kulay putik na dumi

Pamamaga ng lapay (Pancreatitis). Itigil agad ang paggamit ng Zepbound at tumawag sa iyong healthcare provider kung makaranas ka ng matinding pananakit sa bahagi ng tiyan na hindi nawawala, may pagsusuka man o wala. Maaaring umabot ang sakit ng tiyan hanggang likod.
Malubhang reaksiyong alerhiya. Itigil ang paggamit ng Zepbound at humingi agad ng medikal na tulong kung makaranas ka ng:

- Pamamaga ng mukha, labi, dila o lalamunan
- Hirap sa paghinga o paglunok
- Matinding pantal o pangangati
- Pagkahilo o pagkatumba
- Mabilis na tibok ng puso

Mababang Blood Sugar (Hypoglycemia)
Mas mataas ang panganib ng hypoglcemia kung gumagamit ka ng Zepbound kasabay ng mga gamot tulad ng insulin o sulfonylurea.

- Pagkahilo o nahihilo
- Pagpapawis
- Pagkalito o antok
- Pananakit ng ulo
- Malabong paningin
- Pag sasalita ng hindi klaro
- Panginginig
- Mabilis na tibok ng puso
- Pagkabalisa
- Iritabilidad
- Pabago-bago ng mood
- Gutom
- Panghihina
- Pakiramdam ng pagka-nerbiyos

Pagbabago sa paningin sa mga may Type 2 Diabetes. Sabihin agad sa iyong healthcare provider kung napansin mong nagbabago ang iyong paningin habang umiinom ng Zepbound.
Depresyon o Pag-iisip ng Pagpapakamatay. Pansinin ang anu mang pagbabago sa iyong damdamin, ugali, o kaisipan. Tumawag agad sa iyong doktor kung mapansin mong may bagong, lumalalang, o nakakabahalang pagbabago sa mental na kalusugan.
Pagpasok ng pagkain o likido sa baga habang may operasyon. Maaaring tumaas ang posibilidad ng

pagpasok ng pagkain o likido sa baga habang isinasagawa ang operasyon o procedure na gumagamit ng anesthesia o sedation. Sabihin sa lahat ng healthcare providers mo na gumagamit ka ng Zepbound bago ka sumailalim sa operasyon.

Babala

Maaaring magdulot ang Zepbound ng tumor sa thyroid, kabilang ang thyroid cancer. Bantayan ang mga sintomas tulad ng:

- Bukol o pamamaga sa leeg
- Paos na boses
- Hirap sa paglunok
- Hirap huminga

Sabihin agad sa iyong doktor kung mayroon ka nga mga ito.

Huwag gamitin ang Zepbound kung:

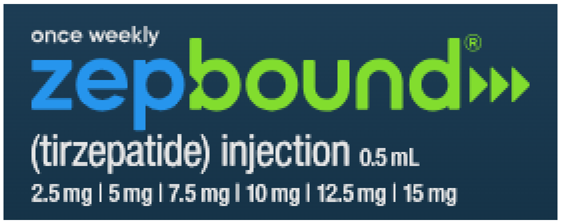
- Ikaw o sinuman sa iyong pamilya ay may kasaysayan ng medullary thyroid carcinoma (MTC)
- Mayroong kang multiple endocrine neoplasia syndrome type 2 (MEN 2)
- Nagkaroon ka na ng malubhang allergic reaction sa tirzepatide o sa alinmang sangkap ng Zepbound.

Sabihin agad sa iyong doktor kung mayroon kang anumang side effect.

Maaari ka ring mag-report ng side effects sa 1-800-DA1088 o sa www.fda.gov/medwatch

Bago gamitin ang Zepbound

- Dapat ipakita sa iyo ng iyong healthcare provider kung paano gamitin ang Zepbound, bago ito gamitin sa unang pagkakataon.
- Sabihin sa iyong doktor kung umiinom ka ng gamot para sa diabetes, kabilang ang insulin o sulfonylurea, na maaaring mag pataas ng panganib ng hypoglycemia.
- Kausapin ang iyong healthcare provider tungkol sa mga palatandaan ng mababang blood sugar at kung papaano ito pamahalaan.



English

INDICATIONS

Zepbound® (ZEHP-bownd) is an injectable prescription medicine that may help adults with:

- obesity, or some adults with overweight who also have weight-related medical problems to lose excess body weight and keep the weight off.
- moderate-to-severe obstructive sleep apnea (OSA) and obesity to improve their OSA.

It should be used with a reduced-calorie diet and increased physical activity.
Zepbound contains tirzepatide and should not be used with other tirzepatide-containing products or any GLP-1 receptor agonist medicines. It is not known if Zepbound is safe and effective for use in children.

How to take

- Read the Instructions for Use that come with Zepbound.
- Use Zepbound exactly as your healthcare provider says.
- Use Zepbound with a reduced-calorie diet and increased physical activity.
- Zepbound is injected under the skin (subcutaneously) of your stomach (abdomen), thigh, or upper arm.
- **Use Zepbound 1 time each week, at any time of the day.**
- Change (rotate) your injection site with each weekly injection. **Do not** use the same site for each injection.
- If you take too much Zepbound, call your healthcare provider, seek medical advice promptly, or contact a Poison Center expert right away at 1-800-222-1222.
- Zepbound injection is approved as a 2.5 mg, 5 mg, 7.5 mg, 10 mg, 12.5 mg, or 15 mg per 0.5 mL in single-dose pen or single-dose vial.

PRICE

If you do not have commercial insurance, you can expect to pay close to the list price, plus any additional doctor charges depending on where you purchase your medicine. **Zepbound is not covered by medical insurance in Japan unless your BMI >35 (e.g., 160 cm/90 kg; BMI = height (cm)/body weight (kg)^2).**

Zepbound is available in 2.5mg/0.5mL, 5.0mg/0.5mL, 7.5mg/0.5mL and 10.0mg/0.5mL doses in a single-dose vial 4-count package for a direct-to-patient price of $349, $499, $599 and $699 respectively in the U.S.(https://pricinginfo.lilly.com/zepbound).
In Japan, the price is ¥7000 (2.5 mg)~¥20,000 (10.0 mg) per week.
But it depends on clinics.

Learn more

Zepbound is a prescription medicine. For more information, call 1-800-LillyRx (1-800-545-5979).
This summary provides basic information about Zepbound but does not include all information known about this medicine. Read the information that comes with your prescription each time your prescription is filled. This information does not take the place of talking with your healthcare provider. Be sure to talk to your healthcare provider about Zepbound and how to take it. Your healthcare provider is the best person to help you decide if Zepbound is right for you.

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Zepbound® and its delivery device base are registered trademarks owned or licensed by Eli Lilly and Company, its subsidiaries, or affiliates.

Review these questions with your healthcare provider:

❑ Do you have other medical conditions, including problems with your pancreas or kidneys, or severe problems with your stomach, such as slowed emptying of your stomach (gastroparesis) or problems digesting food?

❑ Do you take diabetes medicines, such as insulin or sulfonylureas?

❑ Do you have a history of diabetic retinopathy?

❑ Are you scheduled to have surgery or other procedures that use anesthesia or deep sleepiness (deep sedation)?

❑ Do you take any other prescription medicines or over-the-counter drugs, vitamins, or herbal supplements?

❑ Are you pregnant, plan to become pregnant, breastfeeding, or plan to breastfeed? Zepbound may harm your unborn baby. Tell your healthcare provider if you become pregnant while using Zepbound. It is not known if Zepbound passes into your breast milk. You should talk with your healthcare provider about the best way to feed your baby while using Zepbound.

- **Pregnancy Exposure Registry:** There will be a pregnancy exposure registry for women who have taken Zepbound during pregnancy. The purpose of this registry is to collect information about the health of you and your baby. Talk to your healthcare provider about how you can take part in this registry, or you may contact Lilly at 1-800-LillyRx (1-800-545-5979).

SAFETY SUMMARY WITH WARNINGS

Common side effects

The most common side effects of Zepbound include nausea, diarrhea, vomiting, constipation, stomach (abdominal) pain, indigestion, injection site reactions, feeling tired, allergic reactions, belching, hair loss, and heartburn. These are not all the possible side effects of Zepbound. Talk to your healthcare provider about any side effect that bothers you or doesn’t go away.

Zepbound may cause serious side effects, including:

Severe stomach problems. Stomach problems, sometimes severe, have been reported in people who use Zepbound. Tell your healthcare provider if you have stomach problems that are severe or will not go away.

Kidney problems (kidney failure). Diarrhea, nausea, and vomiting may cause a loss of fluids (dehydration), which may cause kidney problems. It is important for you to drink fluids to help reduce your chance of dehydration.

Gallbladder problems. Gallbladder problems have happened in some people who use Zepbound. Tell your healthcare provider right away if you get symptoms of gallbladder problems, which may include pain in your upper stomach (abdomen), fever, yellowing of skin or eyes (jaundice), or clay-colored stools.

Inflammation of the pancreas (pancreatitis). Stop using Zepbound and call your healthcare provider right away if you have severe pain in your stomach area (abdomen) that will not go away, with or without vomiting. You may feel the pain from your abdomen to your back.

Serious allergic reactions. Stop using Zepbound and get medical help right away if you have any symptoms of a serious allergic reaction, including swelling of your face, lips, tongue or throat, problems breathing or swallowing, severe rash or itching, fainting or feeling dizzy, or very rapid heartbeat.

Low blood sugar (hypoglycemia). Your risk for getting low blood sugar may be higher if you use Zepbound with medicines that can cause low blood sugar, such as a sulfonylurea or insulin. **Signs and symptoms of low blood sugar** may include dizziness or light-headedness, sweating, confusion or drowsiness, headache, blurred vision, slurred speech, shakiness, fast heartbeat, anxiety, irritability, mood changes, hunger, weakness or feeling jittery.

Changes in vision in patients with type 2 diabetes. Tell your healthcare provider if you have changes in vision during treatment with Zepbound.

Depression or thoughts of suicide. You should pay attention to changes in your mood, behaviors, feelings or thoughts. Call your healthcare provider right away if you have any mental changes that are new, worse, or worry you.

Food or liquid getting into the lungs during surgery or other procedures that use anesthesia or deep sleepiness (deep sedation). Zepbound may increase the chance of food getting into your lungs during surgery or other procedures. Tell all your healthcare providers that you are taking Zepbound before you are scheduled to have surgery or other procedures.

Warnings - Zepbound may cause tumors in the thyroid, including thyroid cancer. Watch for possible symptoms, such as a lump or swelling in the neck, hoarseness, trouble swallowing, or shortness of breath. If you have any of these symptoms, tell your healthcare provider.

- Do not use Zepbound if you or any of your family have ever had a type of thyroid cancer called medullary thyroid carcinoma (MTC).
- Do not use Zepbound if you have Multiple Endocrine Neoplasia syndrome type 2 (MEN 2).
- Do not use Zepbound if you have had a serious allergic reaction to tirzepatide or any of the ingredients in Zepbound.

Tell your doctor if you have any side effects. **You can report side effects at 1-800-FDA-1088 or www.fda.gov/medwatch.**

Before using Zepbound

- **Your healthcare provider should show you how to use Zepbound before you use it for the first time.**
- **Tell your healthcare provider if you are taking medicines to treat diabetes including an insulin or sulfonylurea which could increase your risk of low blood sugar. Talk to your healthcare provider about low blood sugar levels and how to manage them.**
- **If you take birth control pills by mouth, talk to your healthcare provider before you use Zepbound. Birth control pills may not work as well while using Zepbound.** Your healthcare provider may recommend another type of birth control for 4 weeks after you start Zepbound and for 4 weeks after each increase in your dose of Zepbound.

Examples

https://remedymeds.com/quiz

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"I have felt amazing. I'm able to do things I couldn't do before. I feel like I can wear anything and feel good in it again. My husband noticed, my kids noticed, and the whole process has been incredibly easy and user friendly."

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Remedy Meds Customers (150 days)